

PLANNING YOUR GARDEN IN THE JEMEZ

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JUST FYI, WHAT & HOW DO I GROW?

Pretty conventionally, mostly organically



Tomatoes companion-planted with flowers and herbs



WHY IS GARDENING A CHALLENGE HERE?

- SOIL
- MOUNTAINS
- CLIMATE



CHALLENGE 1: SOILS

TEND TO BE:

Alkaline (high pH), affects nutrient availability

Low in organic matter – affects water retention and soil micro-organisms



CHALLENGE 2: MOUNTAINS

- High elevations, range from 5600 - 8000+ ft
- Short growing seasons at higher elevations
- Topography creates microclimates

USDA HARDINESS ZONES

Commonly used for planting guidelines - seed packets, plant tags; somewhat useful



South-facing slopes can get too much sun and north-facing slopes, too little

Temperatures decrease by 5.4°/1000 feet elevation

 Cold air drains from high to low at night; slope bottoms and valleys can get cold air drainage and frost pockets



CHALLENGE 3: SOUTHWESTERN CLIMATE

- Low precipitation
- Summer monsoons
- Wind
- Scorching heat
- Blazing sun















SO, GARDENING!

WHEN TO PLANT?



FROST DATES

SOILTEMPERATURES

BEFORE/AFTER MONSOON ONSET

FROST DATES: THREE KINDS OF FREEZES

Light freeze - 29° to 32° Fahrenheit will kill tender plants.

Moderate freeze - 25° to 28° Fahrenheit is widely destructive to most vegetation.

Severe or hard freeze - 25° Fahrenheit and colder causes heavy damage to most plants.

The <u>duration</u> of the temperatures matters – whether the freeze is for minutes or hours.

SOME VEGGIES ARE MORE FROST HARDY THAN OTHERS

FREEZE TOLERANT: can take freezing temperatures (26° to 28°F)

Beets, bok choy, brussels sprouts Cabbage, carrots, Chinese cabbage Collard greens, endive, kale Kohlrabi, peas, rutabaga Spinach, turnips FROST TOLERANT: can survive several hours at freezing temperatures (26° to 28°F)

Broccoli, cauliflower, celeriac Garlic, lettuce, mustard Onion, parsnip, radish, swiss chard <u>FROST TENDER</u>: killed at a few minutes below 30° or 31-32° for 5-10 minutes

Beans, cantelope, corn Cucumbers, eggplant, okra **Peppers**, potatoes, sweet potatoes,

Summer squash, **tomatoes** Watermelon, winter squash, zucchini

FROM HTTPS://WWW.GARDENINGKNOWHOW.COM/EDIBLE/VEGETABLES/VGEN/VEGETABLE-COLD-TOLERANCE.HTM

JEMEZ SPRINGS FROST DATES AND GROWING SEASON LENGTHS AVERAGE DATES

	Spring	Fall	Growing season
28°F freeze	26 April	21 October	179
32°F freeze	9 May	11 October	156

* Different values from talk given at library; those were probabilities. These are averages.

WHEN TO PLANT IS NOT JUST ABOUT FROST DATES

- Some plants need warm soil before they can grow well (tomatoes & peppers, squash & melons)
- Squash and melons will get squash bug infestations if planted too early (but they also need a long growing season)



SOIL TEMPERATURES FOR PLANTING

Minimum Soil Temperatures for Seed Sowing and Germination:

- 35°F: lettuce, onion, parsnip, spinach.
- 40°F: beet, broccoli, Brussels sprouts, cabbage, carrot, cauliflower, collards, Asian greens, Chinese cabbage, fava beans, kale, kohlrabi, mustard, arugula, radish, Swiss chard, turnip, pea, radish, rutabaga.
- 50°F: asparagus, celery, celeriac, corn, tomato.
- 60°F: bean, cucumber, eggplant, muskmelon, pepper, pumpkin, squash, watermelon.

Soil Temperature Needed for 70% Germination:

- 45°F: beets, lettuce, parsley, spinach.
- 50°F: broccoli, Brussels sprouts, cabbage, carrot, cauliflower, collards, Asian greens, Chinese cabbage, fava beans, kale, kohlrabi, mustard, arugula, radish, Swiss chard, turnip, pea, radish, rutabaga.
- 55°F: cabbage, corn, Swiss chard, tomatoes.
- 65°F: cucumbers, peppers.
- 70°F: beans, cantaloupe, melons, squash.
- 75°F: eggplant, okra, pumpkins.

Optimal Soil Temperature for near

100% germination:

65°F: parsnip.
70°F: spinach.
75°F: asparagus, lettuce, onion, parsley.
80°F: bean, carrot.
85°F: beet, cabbage, eggplant, pepper, radish, Swiss chard, tomato, turnip.
90°F: muskmelon.
95°F: corn, cucumber, pumpkin, squash, watermelon.

https://harvesttotable.com/vegetable-planting-and-soil-temperature/

EXTEND THE SEASON: PROTECT FROM COLD & HEAT

COLD FRAME





RAISED BED WITH HOOPS

Note: to build a hinged top that's easy to access see: https://www.youtube.com/w atch?v=ef_TS19TRQg

ROW COVERS

Companion planting:

- Intermixing different vegetables, herbs, and flowers.
- Encourages pollination, discourages pests and disease, and provide extra support and nutrients to some plants.
 - Example: "3 Sisters planting" beans, corn and squash
- Plant enemies: plants that should not be companions
 - E.g., tomatoes and cabbage family.
- See: https://growincrazyacres.com/comp anion-planting-chart/



EXAMPLE GARDEN PLAN WITH COMPANION PLANTS



Sweet Allysum

HELP YOUR ALKALINE, LOW-ORGANIC MATTER SOIL

- Add compost & mulch
- Grow cover crops ("green manure")
- If leaves are chlorotic, decrease the pH by adding elemental sulphur
- Don't put wood ash on your garden
- Caution about applying manure: test & compost



THE HEARTBREAK OF "WEED-FREE" MANURE. PERFORM THIS EXPERIMENT:



- Mix a little of the manure you want to test with some potting soil and put it in 2 pots
- Put plain potting soil in 2 pots
- Add some fast-germinating seeds like lettuce or beans
- Put under lights and water. As they grow, if the manure + soil seedlings are much smaller than plain soil, DO NOT USE this manure in your garden!





MISCELLANEOUS REMARKS

WATERING: STRATEGIZE TO MINIMIZE

- WATER ONLY WHERE NEEDED
- USE TIMERS AND WATER IN THE EARLY MORNINGS
- USE MOISTURE GAUGES WATER WHEN SOIL IS AT ABOUT 40-50% CAPACITY
- MULCH WITH COMPOST, NEWSPAPERS, CARDBOARD
- CONSIDER USING SHADECLOTH TO REDUCE WATER STRESS



RAISE SEEDLINGS FROM SEED TO SAVE MONEY

- METAL SHELVES
- CHEAP LED LIGHTS
- A TIMER IS NICE



INEXPENSIVE WAYS TO RAISE YOUR OWN SEEDLINGS

- START IN SEEDLING CELL TRAYS; USE SEEDLING POTTING SOIL
- USE POPSICLE STICKS FOR MARKERS
- AFTER THEY GROW FIRST 2 "TRUE" LEAVES, RE-POT IN LARGER CONTAINER OR NEWSPAPER 'POT' USING REGULAR POTTING SOIL
- REUSE THE TRAYS AND POTS (WASH & STERILIZE EACH YEAR WITH BLEACH)



MAKE YOUR OWN NEWSPAPER SEEDLING POTS

HTTPS://WWW.YOUTUBE.COM/WATCH?V=YOTOYV9UKI8



MASTER GARDENING <u>HTTPS://MASTERGARDENERS.NMSU.EDU/INDEX.HTML</u> WATCH THEIR CLASSES

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Lynda Garvin State Master Gardener Program Manager Email: Igarvin@nmsu.edu	

KEEP LEARNING, ASKING QUESTIONS, AND EXPERIMENTING

State and County Extension

https://extension.nmsu.edu/areas/garden.html

https://desertblooms.nmsu.edu/

https://extension.colostate.edu/topic-areas/yardgarden/

Garden with the Masters

https://sandovalmastergardeners.org/gardeningclasses/gardening-with-the-masters-online/

Facebook groups:

Northern NM Gardeners

Growing FOOD in and Around ALBUQUERQUE & Foraging Too

NMSU Extension Publications

Weeds

https://pubs.nmsu.edu/ circulars/CR698/

Miscellaneous others:

<u>https://harvesttotable.com/vegetable-planting-</u> and-soil-temperature/

https://growincrazyacres.com/companionplanting-chart/

https://sowtrueseed.com/blogs/monthlygarden-schedule-by-zone

To build a hinged-top raised bed: https://www.youtube.com/watch?v=ef_TS19TRQg

Newspaper pots: https://www.youtube.com/watch?v=YOTOyv9ukI8



QUESTIONS?